

for Donna-Lee Power's Presentation on 10/1/22 You will need:

- 1) A printout of the Vimala alphabet, enlarged if possible in order to trace the letters with your finger (sent in newsletter)
- 2) A recent sample of your normal handwriting for your reference only (a few paragraphs)

Let's begin with an invitation to play with the letter Uu, the letter of open-mindedness and learning. Let your childlike curiosity welcome new information!

Trace with your finger or draw on paper: lines of the letter Uu (keep the sides straight & parallel)

3 excellent resources for further information:

1) Vimala Rodgers vimalarodgers.com

- ▶ Your HW Can Change Your Life (on her website)
- ▶ Transform Your Life Through HW -a kit by Sounds True with booklet, CD's, cards and journal (probably find used only)
- ▶ Coloring books of ABC's for all ages
- ▶ Vimala's font for PC or MAC
- ▶ Alphabet A-Z webinar (\$75)
(I have not seen this but there's a lot of info about each letter)

2) Susan Govorko alphabetpenandink.com -a wealth of free information!

Introduction to the Letters, a FREE online presentation featuring the Vimala Alphabet™ will broadcast on **Tuesday, October 4th at 5pm PDT**. This class covers the intrinsic qualities of each letter and how it is written. A formula for incorporating handwriting as a tool for personal growth as well as suggestions about choosing your own practice letters are included. You can RSVP to this free online event at alphabetpenandink.com.

- ▶ Alphabet, Pen and Ink (\$25, Amazon, B&N)
- ▶ The Tutor's Handbook (\$12 download at alphabetpenandink.com)

3) Jennifer Crebbin changeyourhandwriting.com

- ▶ Teaches classes online and in person
- ▶ Offers coaching packages
- ▶ Soul Development Through HW-The Waldorf Approach to the Vimala Alphabet (\$20)
- ▶ How the Letters Dance Me: Guidebook for the Vimala Alphabet (\$20)

The Vimala Alphabet®

Aa Bb Cc Dd Eee Ff Gg

Hh Ii Jj Kk Ll Mm Nn Ooo

Pp Qq Rrr Ss TtT Uu Vv Ww Xx Yy Zz

1 2 3 4 5 6 7 8 9 0